

Australian Curriculum – Health and Physical Education Links

Sub-strand 2: Understanding movement

Foundation	Year 1- 2	Year 3-4	Year 5-6	Year 7-8	Year 9-10
Identify and describe how their body moves in relation to effort, space, time, objects and people	Incorporate elements of effort, space, time, objects and people in performing simple movement sequences	Combine the elements of effort, space, time, objects and people when performing movement sequences	Manipulate and modify the elements of effort, space, time, objects and people to perform movement sequences	Manipulate and modify the elements of effort, space, time, objects and people to perform movement sequences	Analyse the impact of effort, space, time, objects and people when composing and performing movement sequences

Sub-strand 3: Learning through movement

Cooperate with others when participating in physical activities	Use strategies to work in group situations when participating in physical activities	Adopt inclusive practices when participating in physical activities	Participate positively in groups and teams by encouraging others and negotiating roles and responsibilities	Practise and apply personal and social skills when undertaking a range of roles in physical activities	Devise, implement and refine strategies demonstrating leadership and collaboration skills when working in groups or teams
Test possible solutions to movement challenges through trial and error	Propose a range of alternatives and test their effectiveness when solving movement challenges	Apply innovative and creative thinking in solving movement challenges	Apply critical and creative thinking processes in order to generate and assess solutions to movement challenges	Evaluate and justify reasons for decisions and choices of action when solving movement challenges	Transfer understanding from previous movement experiences to create solutions to movement challenges
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Follow rules when participating in physical activities	Identify rules and play fairly when participating in physical activities	Apply basic rules and scoring systems, and demonstrate fair play when participating	Demonstrate ethical behaviour and fair play that aligns with the rules when participating in a range of physical activities	Modify rules and scoring systems to allow for fair play, safety and inclusive participation	Reflect on how fair play and ethical behaviour can influence the outcomes of movement activities